

Touchpoint Workshop: Round about: Digestion

“Healthy digestion = healthy body and mind”

This workshop is in New York City, February 2014, but Touchpoint will be presenting a workshop in Hood River, Oregon, later in the year. See their approach to digestive ailments."

Being able to help clients to a better digestion is a prerequisite for the treatment of most other disorders. Not least inflammation and other problems caused by a dysfunction of the immune system. This is mainly due to the fact that almost 80 % of all the body's immune cells are found in the gut.

A shortcut for the reflexological treatment of the gastro-intestinal system could be to first work reflexes for the nervous system supplying the internal organs. That makes the subsequent treatment of the organ reflexes much easier.

One of the most important areas is the so called celiac ganglion which innervates virtually all the abdominal organs.



Nerve reflex point for the celiac ganglion

Location : At the sharp lateral edge of the base of the 1st metatarsal bone, at the level of T10.

Technique: Pressure direction is at an angle medially and towards the heel. Keep a firm stationary pressure of max 15 seconds.

Round about: Digestion

Dorthe Krogsgaard and Peter Lund Frandsen are returning to New York to present this very useful workshop.

- What happens to the digestion when the sympathetic part of the nervous system suppresses the parasympathetic?
- Why can problems with the sphincter of Oddi irritate digestion, why is it so important?
- Linking the vagus nerve reflex with congested organ reflexes often brings immediate relief, how and why?
- The Ileo-cekal area is often irritated, how can we combine treatment of the foot and body?
- What is meant by "leaky gut"?
- How is the physiological connection between emotions and digestion?
- Especially stress affects the seven sphincters of digestion, where do we find them in the foot?

- A tense respiratory diaphragm can cause stagnation in the gut and esophageal reflux, how can we break the pattern?
- Reflexes for the nerve plexi of the liver, stomach and duodenum can be linked with organ reflexes, where do we find them in the foot ?
- Why can it be a good idea to work the digestion backwards?

These questions and many more get answered in the workshop.

Round about: Digestion

New York City February 12th 2014

With Dorthe Krogsgaard & Peter Lund Frandsen

Read more here ->

Time & Place

Friday May 11th 2012 9 AM - 5 PM

22 E 30th St (Madison & 5th Av)

New York City, NY 10016

Price

SAVE \$40- An early bird fee of \$190 is offered until November 1st. Hereafter the price is \$230.

CEU

Touchpoint is an ARCB approved provider and this workshop is worth 7 CEUs

Contact

If you have any questions about the workshop please do not hesitate to contact us at info@touchpoint.dk or you may call our US contact person:

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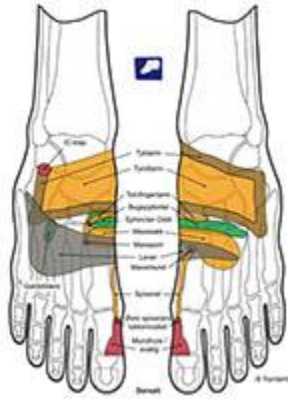
Best regards

Dorthe Krogsgaard and Peter Lund Frandsen

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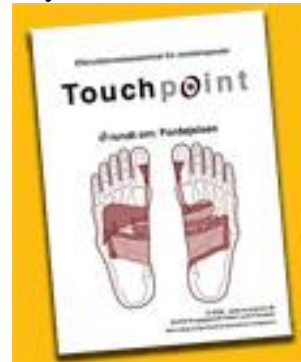
Dorsal reflexes

The digestion workshop will introduce a 3D view on the foot reflexes, and we will be working the gut both plantar and dorsal.



Workbook

Included with the workshop is an extensive fully illustrated manual.



Digestion problems are very common

In a US study from 1993 69% reported suffering from at least one of 20 different gastro-intestinal dysfunctions within the last 3 months.

Source: Dig Dis Sci. 1993 Sep;38(9):1569-80

